

IMAS Accreditation Training

The IMAS Accreditation Training allows community clubs the opportunity to reflect on their current practice and learn more about the support they could offer their players whilst recognising their commitment to the mixed ability model to make a more inclusive community.



What does the training include?

The accreditation training is split into two sections: theory-based group tasks covering best practice of the Mixed Ability model followed by a physical observation of a Mixed Ability session in your community setting.

The group tasks cover the following sections:

- Theory of Mixed Ability
- What is Mixed Ability Sport
- Practical Delivery
- Safeguarding
- Adult Mental Health
- Reflection time specific to the club

Following the group task, an observation of a Mixed Ability practical session will take place with an opportunity for feedback from everybody involved.

On completion of these sections, your community club will receive a plaque to recognise its commitment to the Mixed Ability manifesto and its welcoming, non-judgmental environment for all.

All accreditation training lasts around 3 hours (including short break) Development Managers and Lived by Experience Trainers.

Where can the Accreditation Training take place?

IMAS recommends the training takes place at your community sports club to fully understand how best to use the space available and make it as inclusive as possible. The theory section of the training would need to be delivered inside.

Who can take part?

Just like our commitment to promoting social inclusion, IMAS encourages as many members as possible of the community club to take part in the accreditation training. IMAS also recommends having the following members of the club participate:

- Team Coaches
- Playing Squad
- Committee Members

Cost

Accreditation training costs £600 per club and covers an unlimited number of attendees that the delivery space allows.

Who to contact

IMAS Head Office: contact@mixedabilitysports.org

IMAS Regional Development Managers

North – Aron Robinson

Midlands – Mike Hawkes

South East – Mike O'Regan

South West – Dan Hine

After the course you will

- Become even more confident in delivering a Mixed Ability session and being able to promote the Mixed Ability model in your area
- Become a recognised accredited club on the IMAS website/ manifesto page
- Receive an accredited IMAS community club plaque for your clubhouse
- Receive further support from IMAS (see graphic below)
- Receive a 5% discount code for the IMAS shop

